

Ngā Whakamāhuki o te Hunga Whaipānga Māori

Māori Stakeholder Update

8 October 2020

Tīmatanga Kōrero

Riki Nia Nia, Executive Director Māori, Equity and Health Improvement

Tēnā koutou,

It is good to see that we continue to have no new cases in the community. It is important also to keep in mind that we have not totally eliminated the risks of COVID-19.

We continue to encourage whānau to follow the guidance that is still in place for Alert Level 1, as we head into the last week of the school holidays and participate in our country's elections.

If there is other information you would like us to share, please let us know by getting in touch with our team.

Ngā mihi,
Riki Nia Nia, Executive Director Māori, Equity and Health Improvement

He Kaitiaki Hou

New Members of the Kaitiaki Team

Mark Waitai

Trent Brown

Tina Baty

Helen Maxwell-Blake

Ko toku ara rā Aotearoa COVID-19 Webinars

[Register now](#)

Kei Te Pewhea e Haumaruru Taku Whānau?

How can I protect my whānau?

We can't emphasise the hand hygiene message enough to all whānau in the Waikato.

The same actions that also protect you and your whānau from COVID-19 will also help keep you safe from the flu, colds, and other infectious diseases.

Mahia te hopi. Horoi ō ringa

Wash your hands

Washing your hands continues to be one of the easiest ways to keep yourself safe. Wash your hands with soap and water often, then dry, or if you have hand sanitiser use that.

Whakamātihetihe te ihu ki te tuke

Cough or sneeze into your elbow

Continue to cough or sneeze into your elbow or by covering your mouth and nose with a tissue. If you cough in your hands it catches your droplets which can be transferred onto other surfaces. Coughing into your elbow means it doesn't get on your hands and spread all over the place.

Whakapūputu ai te patuero i ngā mea katoa.
Hei tauira: Ngā kakau, ngā papa, ngā taputapu

Clean surfaces

Clean and disinfect frequently touched surfaces and objects, such as doorknobs. Keep surfaces clean, especially in the kitchen and when preparing kai.

Mēnā ka māuiui koe, herea ki te kainga

Stay home if you're sick

Stay at home if you feel unwell.

Kia tawhiti te hara, me tū ki matara

Maintain physical distancing

Keep a safe physical distance from other people where possible. Stay safe, keep space.

Kia tawhiti te hara, me tū ki matara

Wear a face covering

Wearing a face covering or mask can help limit the spread of COVID-19. Face coverings are strongly recommended if you are in close contact with others.

If you're using public transport, it is now compulsory to wear a mask or face covering.

Ngā Wāhi Whakamātautau

Where to Get Tested in the Waikato

To protect all whānau and communities in our rohe and to extend the reach of COVID-19 testing, mobile teams are also going out to areas in the Waikato – including rural and remote communities to set up pop-up mobile testing centres.

For a full list of all testing locations, visit: www.waikatodhb.health.nz/cbac

He Taumata Mataara Ki Tamaki Makaurau

Alert Levels

Auckland Level 1

At Alert Level 1 we all need to be ready in case COVID-19 reappears in our community.

[Click here for more information](#)

Waikato Level 1

At Alert Level 1 we all need to be ready in case COVID-19 reappears in our community.

[Click here for more information](#)

Aromatawai me te Whakamātau Raraunga

Assessment and Testing Data

Testing rate per 1000 population by ethnicity and locality since 10 August (start of current outbreak) to 7 October

	Māori	Pacific	NMNP
Greater-Hamilton	52	83	63

Matamata-Piako	39	44	41
North Ruapehu	47	14	41
North Waikato	54	86	52
South Waikato	174	308	113
Thames-Coromandel-Hauraki	40	52	45
Waitomo-Otorohanga	69	57	50

Daily number of tests by ethnicity for the last 9 days across the Waikato DHB region

	Māori	Pacific	NMNP
01/10/2020	48	6	260
02/10/2020	66	16	279
03/10/2020	9	5	68
04/10/2020	11	4	54
05/10/2020	65	15	298
06/10/2020	57	11	238
07/10/2020	4	5	4
Total	260	57	1201

Ngā Nama Kowheori o te Rā

Daily National Numbers for COVID-19

Total number of cases in the last 24 hours: **3**

Total number of active cases: **39**

- 3 new cases today, from Managed Isolation Facilities
- 39 active cases (all in Managed Isolation Facility)
- 0 current active community cases linked to Auckland cluster

Ethnicity of cases from current Auckland cluster:

Ethnicity	Number of cases	Percent of cases
Māori	40	22%
Pacific	109	61%
Other	30	17%
Total	179	100%

Te Tīma Māori mō Kowheori

Māori Health Leadership Team for COVID-19

To ensure we have an effective, responsive and connected health response to COVID-19 we have stood up a Māori leadership team at Waikato DHB. We have also inserted key Māori health leads into key COVID-19 work streams and engage with Ministry of Health' Māori Leadership when required.

[Download PDF](#)

Te Hono Pai Rawa
Links to Useful Resources

COVID-19 Government Website

Official website for everything you need to know about COVID-19:

www.covid19.govt.nz

For Logistics / PPE

Have any requests for PPE? Health providers can contact us on:

covidsupplies@waikatodhb.health.nz

PPE Guidance - Ministry of Health

www.health.govt.nz/ppe

COVID-19 Waikato DHB Webpage

www.waikatodhb.health.nz/covid-19

Waikato DHB Visitor's Policy

www.waikatodhb.health.nz/your-health/covid-19-in-waikato/covid-19-visitors-policy

COVID-19 Assessment and Testing

www.waikatodhb.health.nz/cbac

Marae Guidance Resources

Te Toi Ahorangi provide a number of resources on their website

www.tetoiahorangi.nz

Te Rōpū Whakakaupapa Urutā

Information and resources specifically for Māori about the COVID-19 pandemic

www.uruta.maori.nz

Te Ohu Rata o Aotearoa

For Māori medical students and doctors working as clinicians, researchers and teachers.

www.teora.maori.nz

Deaths, Funerals and Tangihanga Guidelines

Guidelines for funeral directors and health practitioners on deaths, funerals and tangihanga.

www.moh.govt.nz

Copyright © 2020 Waikato District Health Board, All rights reserved.

Where to find us:
Pembroke Street, Hamilton, 3204
www.waikatodhb.health.nz

If you wish to unsubscribe from our newsletter, click [here](#)