## MATE HUKA EDUCATIONAL HUI 2020:

Kia hiwa rā! Kia hiwa rā!
E ngā mana, e ngā reo, e ngā karangatahamaha
Nau mai! haere mai!

Ki te Wānanga mō ngā kaiāwhina, ngā kaimanaaki me ngā kaimahi hauora.

Welcome one! Welcome All!

To this year's free, two-day Wānanga which will be based on Hauora and wellbeing for yourself and for Whānau we work with.

"Mā te kōrero ka mohio mā te mohio ka matau mā te matau ka marama

mā te marama ka ora".

"Communication is limited without understanding, understanding comes from learning, from learning comes enlightenment, from enlightenment comes wellbeing".

Together we will learn about supporting whānau who are grieving, and how we can keep ourselves well so that we are able to continue to support our whānau.

It will be creative, interactive and a mixture of guest speakers, peer support, and learning in small groups.

October Wednesday 14<sup>th</sup> 2020, Thursday 15<sup>th</sup> 2020

Please find details on the back of this pānui.



## DIABETES EDUCATIONAL HUI 2020:

For Kaiāwhina, Kaimanaaki, Community health workers and health care assistants.



**Venue:** Link House: 4 Te Aroha Street, Claudelands, Hamilton

We will finish on Thursday with a kai together and celebrate with the presentation of certificates.



For further information or to register please contact Suzanne Moorhouse on Phone: 027 608 6978 or Email: suzanne.moorhouse@haurakipho.org.nz

NOTE: Numbers are limited so get in quick to register! This is a collaborative hui for all providers.





