

# Manawanui Whai Ora Kaitiaki

“Pathway to Wellness Support Team”

## What is the Manawanui Whai Ora Kaitiaki support programme?

In partnership with your General Practice, we are a team of people who are passionate about providing a responsive service specifically designed to meet your needs.

The MWOK team will work with you & your Family together with your GP, Practice Nurse and other health and social service professionals if required.

*Mahitahi* - We will endeavour to work with collective responsibility, accountability and commitment to stay connected with your community and other services.



## Manawanui Whai Ora Kaitiaki (MWOK) Team values

*Mātauranga* – The experienced community based Kaiawhina and Nurse team are committed to share their knowledge with you to contribute positively towards your wellbeing.

*Kotahitanga* – We aim to provide care and support to improve the wellbeing of people by coming together as one team, in a balanced partnership to walk alongside you and your whānau.

*Whānaungatanga* – An approach that places importance on connecting and building relationships with people in a meaningful and trustful manner.

*Manākitanga* – A personalised care plan developed with you, for you.

*Rangatiratanga* – Offering you the knowledge and opportunity to empower and lead your own health journey.

## Services Offered

- Home Visits
- Health Advocacy & Navigation
- Social Service Navigation & Support
- Nutrition & Activity Advice
- Blood Pressure Monitoring
- Smoking Cessation
- Diabetes Education & Support
- Respiratory Care
- Heart Care
- Medication Advice
- Immunisations

Practice: \_\_\_\_\_

Phone: \_\_\_\_\_



### Hauraki Primary Health Organisation

When you enrol to your GP service, you immediately become connected to a Primary Health Organisation (PHO).

One of the Hauraki PHO's responsibilities involves implementing services either directly or through your GP (Doctor) to maintain and improve the health & wellness of you, the people.

The MWOK service is free for patients enrolled with a Hauraki PHO practice. If you have a long-term health condition that is affecting your well-being – ***talk to your GP or practice nurse to see if you meet the criteria for this service.***

#### MAIN CRITERIA (1 or more)

- Living with at least one long term health condition and/or;
- More than two hospital visits concerning your long-term condition in the last year and/or;
- More than 8 GP visits concerning your long-term health condition over the last year and/or;
- Complications with your long-term health condition.

### CONTACT DETAILS:

#### MANAWANUI WHAI ORA KAITIAKI (MWOK) TEAM

Team: \_\_\_\_\_

Kaiawhina: \_\_\_\_\_

Phone: \_\_\_\_\_

Nurse: \_\_\_\_\_

Phone: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### Contact hours:

**Monday to Friday 8.30am to 5pm**

#### Hauraki Primary Health Organisation

##### Head Office

PO Box 663, Thames 3540

106 Sealey St, Thames

Ph: 07 868 9686 | Fax: 07 868 9786

##### Hamilton Office

16 Von Tempsky St, Hamilton

Ph/Fax: 07 839 5655

HAURAKI PRIMARY HEALTH  
ORGANISATION

*Manawanui  
Whai Ora  
Kaitiaki*

*“Pathway to Wellness  
Support Team”*

*Longterm Health Conditions  
Service*

HAURAKI  
PHO

HAURAKI  
PRIMARY  
HEALTH  
ORGANISATION  
NETWORK



Manua  
Rūpe  
Hauraki