

Nga Kaitiaki Manawanui Whai Ora

“Pathway to Wellness Support Team”

What is the Long Term Conditions Support programme?

Kotahitanga – Coming together to provide care and support to improve the wellbeing of people living with chronic health conditions.

The MWOK team will work with you & your family together with your GP, Practice Nurse and other health and social service professionals if required.

This team consists of Kaiawhina, experienced in community based health services and experienced primary health care nurses working with Whānau as an extension of your general practice.

What does the Nga Kaitiaki Manawanui Whai Ora (MWOK) Team offer?

- Whānaungatanga – Connect and build relationships
- Te whare tapa wha/holistic approach
- Whānau/family involvement
- A personalised care plan developed with you for you & your whanau
- Connecting you with other services
- Steps to well being
- Manaakitanga – The knowledge to lead your own health journey.
- Support and Advice
- Health advocacy
- Lifestyle, Nutrition and Activity advice
- Home Visits

What does this service look like in my community?

In partnership with your General Practice, we are a team of people who are passionate about providing a meaningful, responsive service specifically designed to meet **your** needs. We will endeavour to stay connected with your community and other services to offer you the knowledge and opportunity to empower your rangatiratanga.



Practice: _____

Phone: _____



This service is free for patients enrolled with a Hauraki PHO practice. If you have a long term health condition that is affecting your well-being – ***talk to your GP or practice nurse to see if you meet the criteria for this service.***

MAIN CRITERIA

- Living with at least one long term health condition
- More than two hospital visits concerning your long term condition in the last year
- More than 8 GP visits concerning your long term health condition over the last year
- Complications with your long term health condition

Services available:

- Blood Pressure Monitoring
- Diabetes education & support
- Smoking Cessation
- Respiratory Care
- Heart Care
- Medication advice
- Immunisations

Compiled: 8/2014
Amended: 30/08/16
Review Date: 3/2022

CONTACT DETAILS:

NGA KAITIAKI MANAWANUI WHAI ORA

Service Teams

Area: North Waikato
Kaiawhina: Lorraine Silbury-Mckinnon
Mobile: 027 213 5200
Nurse: Helen Pere
Mobile: 027 218 8814

Area: Hamilton
Kaiawhina: Ree Clarke
Mobile: 027 202 4382
Nurse: Wynell Iraia
Mobile: 027 232 9351

Area: Hamilton – Tui Medical Only
Kaiawhina: Kimihia
Email: kimihia@tuimedical.co.nz
Nurse: Tracey
Email: tracey@tuimedical.co.nz

Area: Thames/Coromandel
Kaiawhina: Diane Adams
Mobile: 021 241 4479

Contact hours:

Monday to Friday 8.30am to 5pm

Hauraki Primary Health Organisation

Head Office

PO Box 663, Thames 3540
106 Sealey St, Thames
Ph: 07 868 9686 | Fax: 07 868 9786

Hamilton Office

16 Von Tempsky St, Hamilton
Ph/Fax: 07 839 5655

HAURAKI PRIMARY HEALTH ORGANISATION

Nga Kaitiaki Manawanui Whai Ora

***“Pathway to Wellness
Support Team”***

***Longterm Health Conditions
Service***

HAURAKI
PHO

HAURAKI
PRIMARY
HEALTH
ORGANISATION
NETWORK



Mātaua
Rāpua
Hāora